



## Home Care Advice

Following a programme of home care is important in order to prevent infection and promote healing. Immediately after your treatment it is normal for the area to be red and for welts to develop. This reaction should only last a short time.

### 24 Hours Following Treatment:

- Your therapist will recommend an antiseptic lotion that should be applied every 4 hours following your treatment.
- Keep the area free of soap, perfume, talcs and sprays.
- If you need to apply make up, ensure that an antiseptic lotion is applied first to act as a barrier.
- Do not touch the area unnecessarily.
- Avoid public swimming pools or spa pools.
- Avoid exposure to the sun.
- Do not touch the treated area with fingers.
- Avoid vigorous exercise after electrolysis treatment on the body.

### Between Treatments:

- Avoid exposure to the sun and do not pick any protective crusts that may appear.

Reference:  
Fact & Position Paper  
Status of Hair Removal Devices  
American Electrology Association  
March 1996



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# HAIR ELECTROLOGY



A scientifically proven, progressive hair removal technique. An extremely safe method which has been used for over 120 years.



## Hair Electrology

A large majority of people at some time, will have hair growth they wish to remove from the face and body. Unwanted facial hair is a personal problem that can also be very public. Removing it can restore self confidence.

Electrolysis is an extremely safe method that has been used for over 120 years. It is especially beneficial for eliminating in-grown hair problems.

There is slight discomfort and the visual signs of treatment, on exposed areas such as the face, are minimal.



## What is Electrology?

Electrology is a method of hair removal, which destroys the hair germ cells and the papilla (blood vessel) which are responsible for the development and growth of each hair.



## How Does Electrology Work?

A mild electrical current is introduced into a growing hair follicle via a probe. Face & Fragrance uses the 'blend method' which combines a galvanic current (causing a chemical reaction) and high frequency current (causing a heat reaction). Together these currents provide an efficient and effective treatment.



## How Well Does Electrology Work?

It is important to remember that much of the hair you own is under the skin and not visible. It is not until these hairs appear above the skin's surface that treatment can occur. Hairs that appear shortly after treatment are those that have not been treated.

In fact, new hairs will appear on the upper lip (for example) up to 8 weeks after the initial treatment. Regrowth also depends on previous methods of hair removal and such considerations as hormonal imbalances and medication.



## Is Electrology Permanent?

Once the hair germ cells are destroyed the follicle loses the ability to grow hair permanently. However, we cannot guarantee that the area treated will remain free of hair forever as hormonal fluctuations (which are common in women) and certain medications can stimulate the growth of new follicles which in turn, will grow new hair.



## Is Electrology Painful?

There is a certain amount of discomfort involved, however your electrology is able to adapt your treatment to make it as comfortable for you as possible. A topical anaesthetic is also available for very sensitive areas. It is also advisable to avoid stimulants such as tea, coffee, coke and alcohol as these can increase your sensitivity.



## Is Electrology Safe?

Electrology is very safe however the following medical conditions require your doctor's consent before you commence treatment:

- High or low blood pressure
- Pacemaker
- Metal plates or implants
- Diabetes
- Auto-immune disorder
- Pregnancy
- Hepatitis
- Epilepsy
- Treatment of hairs in moles
- Kidney disease
- Hearing aids

It is important that you keep your electrologist informed of any changes in your health or medication.



## Is Electrology Hygienic?

Sterilisation techniques at this clinic are of the highest standard. A new sterile disposable needle is used for each treatment.



## How Long Will Electrolysis Take?

Because of the nature of the hair growth cycle, you will be required to return for regular visits to gain the maximum benefit from your treatment. The interval of these visits and the length of time over which they span will vary according to the treatments on the face or body, and to other influences such as medications and hormonal fluctuations.

Your therapist will be able to advise on a treatment plan best suited to your individual needs. As your treatment progresses, the length of time between appointments will extend.



## How Do I Get Started?

Face & Fragrance offers an obligation free, completely confidential consultation. During this time your therapist will be able to design a personalised program of treatment, discuss any medical problems and perform a test patch. Any questions you have can be answered at this time.

